

## **Continental Breakfast**

Included in your room rate or £11.50 for Non-residents

Your choice of Traditional Breakfast Tea,  
Filtered or Decaffeinated Coffee, Herbal teas,  
Hot Chocolate  
or a variety of fruit juices

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Selection of cereals and Yoghurts

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Prunes, Stewed Fruits, Selection of Fresh Fruit

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Selection of Fresh Pastries  
Freshly Baked Rolls  
Wholemeal or White Toast  
Served with a selection of preserves and honey

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**Porridge**

Allergen Advice:

Nuts are used in the kitchen, dishes may contain, directly or indirectly, nuts or nut products  
Please speak with a member of staff who will assist you further with any allergen concerns you may have

## **English Breakfast**

£6.50 Supplement for Residents  
£16.50 for Non Residents

A full English Breakfast including  
Your choice of Eggs served with: sausage, bacon,  
tomatoes and mushrooms with kidneys or black pudding  
*(if you require a larger portion of any of the above items, please inform  
the serving staff)*  
Or Grilled Kipper  
Or Poached Haddock with Poached Egg

**A la Carte**

Eggs Benedict - poached egg, toasted flour muffin,  
sliced gammon ham and hollandaise sauce.

Scottish smoked salmon and scrambled eggs,  
With toasted bagel or muffin.

French toast - served with crispy bacon and maple syrup  
or fresh berries and syrup.

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